

The real upside is that you have not abandoned your tradition of providing momentary joy to the many people and families you invite into your home during December and even into January. I live for all the excited company I get in the last months of the year, and the darkest days of the year. I find this makes all the work and effort certainly worthwhile.

After all, we live in a world which is becoming increasingly chaotic and noisy. It is so good for us to spread our cheer and optimism to others who may be feeling the pressures of the negativity that characterizes our society. With calm Christmas music playing softly, try offering a hot chocolate or a candy cane to the kids. You will make memories for them, adults and children alike, that will last for a lifetime. Christmas time is after all, a reminder that as long as there is life, there is hope. Hope for a happy present-day and a bright future.

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